



*5<sup>th</sup> International Eurasian Congress on*  
**‘Natural Nutrition, Healthy Life and Sport’**  
*02-06 October 2019, Ankara, Turkey*

*CAPITAL ANKARA*

*‘Doorway to the World’*

*Dear Participants,*

Healthy life, sports and proper nutrition are the most natural rights and basic necessities of all living beings and they have a special importance in maintaining both life and quality of living. All these improvements have rendered the food production systems indispensable to be socially viable, economically profitable and fruitful, protective of human health and caring the health and comfort of all living beings. Hence with the increasing industrialization and the uncontrolled application of modern agriculture; the intensive use of chemicals, soil pollution, genetically engineered seeds, hormone usage and similar methods which detract from natural production are becoming the main topic, thus making the healthy production increasingly difficult while renders the product quality and nutritive value under significant risks. On the other hand, foods produced by illicit methods and processed by unregistered means can create the basis of primarily heart diseases and cancer risk along with many diseases.

Nutrition safety is a fact that is continued and cared both in whole world and Turkey. The generations of our country to grow up healthy and to be properly fed with safe nutritions are of almost importance for the prevention of both health and economical losses. As a result of these improvements, the organic and good agricultural practices, local and natural products, herbal food supplements, natural cosmetics and other natural health products have become quite popular lately in the world. However, there are a lot of different opinions being presented nearly every day in visual and printed-social media. In fact, every wrong application made will affect negatively to both health and comfort of individuals, and bring extra social and economic burdens. For this reason, it is extremely important to facilitate a scientifically based awareness for a large scope that is extending from field-to-table and from producer-to-consumer. Proper nutrition, healthy lifestyle and sport habits which protects and improves the health of the society and prevents a lot of physical and spiritual diseases can only be facilitated by increasing the public awareness. Nowadays, the damages which are done to the public health for the sake of profits are essentially caused by the information pollution. As a natural result for this, both the individual and the society are affected negatively and are misdirected. On this topic, information sharing for all the parts of the society in light of scientific data along with the interdisciplinary comparative true knowledge and experience coming from primarily the food, agriculture, nutrition, health and sports disciplines are of great importance. Improving health is adopted not only by the increase of quality and quantity of health services, but facilitation of a body of strategies which involves a collaboration between many sectors.

In this scope, with the participation of notably, Turkey Republic President's Wife, First Lady Emine Erdoğan, Turkey Republic Prime Minister's Wife, related Ministers, Members of Our Parliament, Academicians, NGO representatives, shareholders from public institutions and organizations, the NATURAL'2015 arranged in Sapanca, NATURAL'2016 arranged in Antalya EXPO Center, NATURAL'2017 arranged in Ankara, NATURAL'2018 Congress and Exhibition in National Botanical Garden of Turkish Presidency hosted by TAGEM activities have been completed with a great success. The continuity of these activities is seen as important in order for individuals to maintain conscious nutrition and healthy life behaviors according to changing life conditions and to revise their activities accordingly. For that reason; with the hostings of Gazi University and Malatya Turgut Özal University, **'5<sup>th</sup> International Eurasian Congress on Natural Nutrition and Healthy Life'** is organized between the dates, **02-06 October 2019**. In the context of this summit and also with the Pioneering of Gazi University Faculty of Pharmacy along with Apitherapy Foundation, International **'Apitherapy'2019** and with the Pioneering of Gazi University Faculty of Sports Sciences, **'Sport for All'2019** Congress and Exhibition activities will be organized. We are waiting for your attendance to these important organizations which are significant for the continuity of national and international powerful cooperations and thank all institutions and organizations which have contributions.

With our wish of a healthy generation and healthy future...

Prof.Dr. Mehmet Rüştü Karaman

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## **AGRICULTURE, GAP & ORGANIC PRODUCTION**

- Improving and Expanding Good Agricultural Practices (GAP)
- Biotechnological R & D Studies in Good Agricultural Practices
- Development and Sustainability of Organic Agricultural Production
- Essential Issues in Transition Process of Natural and Organic Production
- Procurement, Marketing, Certification in GAP and Organic Production
- Conservation of Sustainable Soil Efficacy and Soil Quality
- Organic and Microbial Nutrition in Crop Production
- Biological and Natural Campaign Techniques in Plant Disease Control
- Biodiversity, Honey Forests, Natural Resources and Eco Concentration
- Clean - Renewable Energy Use and Extensification
- Sustainable Soil Fertility and Soil Microbiology
- Other Topics Related with Agriculture Including Livestock and Farming

## **NUTRITION AND DIETETICS**

- Information Pollution in Nutrition and Dietetic Field
- Place and Importance of Food Supplements in Nutrition Science
- Nutrition Problems and Epidemiology in Society
- Importance of Proper Nutrition in Non-Communicable Diseases (Cardiovascular Diseases, Diabetes, Obesity, Cancer, etc.)
- Out-of-Home Consumption and Health Reflections
- Nutrition in Special Conditions (Pregnancy, Old Age, Sport, etc.)
- Fetal Programming and Adult Nutrition
- Intestinal Microflora and Nutrition Related Diseases
- Biodiversity in Natural Food and Nutrition
- Probiotics, Prebiotics and Health Relation

## **FOOD SAFETY AND RELIABILITY**

- Food Safety Management Systems and Risk Assessment
- Functional Food Production and Sustainability in Food Production
- GMO (Genetically Modified Organisms) Risk Assessment
- Imitation and Adulteration in Food Inspection Policies and Legislation
- Bee Products Reliability, Diversity and Optimization
- Safe Methods in the Production of Food Additive-Supplementary Agents
- Current Issues and Certification in Halal Food Production
- Scientific Infrastructure in Food Labels, Nutrition and Health Declarations
- Food Waste, Hunger Problem and Sustainable Food Projections
- Food Defense Consciousness, Bioterrorism and Education
- Laboratory Practices and Analytical Techniques in Agriculture and Food
- Other Topics Related with Food Technology and Safety

## **HEALTHY LIFE & PHARMACY**

- Traditional, Complementary and Integrative Medicine
- Use of Rational Drugs in Healthy Life and Treatment
- Apitherapy Applications with Bee Products
- Natural / Herbal Medicines, Herbal Vitamins, Enzymes
- Natural Cosmetics and Personal Care Products
- Health Tourism, Thermal Health Practices and Natural Mineral Waters
- Occupational Health and Safety, Working Life and Stress Management
- Strategies to Prevent Tobacco and Similar Harmful Habits
- Laboratory Practices and Analytical Techniques in Health & Pharmacy
- Renewable & Bioenergy Sources and Environment
- Other Topics Related with Healthy Life & Pharmacy

## **SPORT FOR ALL**

- Exercise and Sport Techniques in Healthy Life
- Training and Movement Science
- Physical Education and Sports Teaching
- Sport Management and Organization
- Psychosocial Areas in Sports
- Physical Education and Sports for Disabled
- Sports and Health Sciences
- Apitherapy and Sports Health
- Healthy Life and Recreation
- Sports History and Sports Tourism
- Other Topics Related with Sport

### **Event Language, Presentations & Publication**

The official presentation languages of the NATURAL'2019 are TURKISH or ENGLISH. Speakers from at least 5 different countries will participate in EURASIAN NATURAL'2019. Abstracts / Full Papers can also be submitted and presented in Turkish or English. Oral presentations will take 10 minutes and a 5 minute question-answer section will be added. Poster presentations can also be prepared in Turkish / English. The Oral or 'Poster' presentation samples can be find on the meeting *web site*.

All abstracts or full papers should be submitted by using **ONLINE SUBMISSION SYSTEM**. Please submit your abstract/full-text paper using the formatting of the templates on the *web* site. Authors can submit a maximum of 6 papers (as Abstracts or Full-Text). Word documents as Doc or Docx are the acceptable file formats. The EURASIAN NATURAL'2019 provides the New Academic Incentive Criteria. FULL-TEXT BOOK (PROCEEDINGS BOOK) will be published in the ISBN number before December 2019. **ACADEMIA PUBLISHING** is also the Official Publisher and Partner of NATURAL'2019. Thus, selected full-text papers submitted to the conference can be published in the Academia Publishing Journals after they have passed through the review process. Last date of sending the full text-papers is 15 September 2019. See link: <https://academiapublishing.org/conference-partners.htm>

## Registration Information

Each participant must pay registration fee, and send the scan copy of **Bank Receipt** to '[natural@natural2019.com](mailto:natural@natural2019.com)' by e-mail to complete the registration process. Event pre-registrations can be made from the 'Online Registration' page. The early registration fee is **390 TL** for national participants and **65 Euro** for foreign participants. Scientific sessions, break offerings and all social programs are included in the registration fee but traveling, accommodation and special technical tours are not included.

## Sponsorship Terms

It is intended to bring together different disciplines in this field in agriculture, food, nutrition, health and sports issues and to establish effective dialogue and cooperation between producers, researchers and consumers. You can be sponsor to the '**5<sup>th</sup> International Eurasian Congress on Natural Nutrition, Healthy Life & Sport**' which is one of the most important internationally participated organization of our country, and you can provide an effective promotion of your institution / establishment. Detailed information about sponsorship conditions are on the meeting *web site*.

## Event Location

The event of 5<sup>th</sup> EURASIAN NATURAL'2019 will be conducted in the Capital City of Ankara. Event location and exhibition area is the Main Congress Area of Gazi University, Ankara, Turkey.

### *Important Dates*

Meeting Announcement	01 February 2019
Deadline for Abstract/Full Paper Submission	15 September 2019
Notification of Acceptance	Within 15 days after the submission
Deadline for Early Registration Payments	15 September 2019
Event Date	02-06 October 2019



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